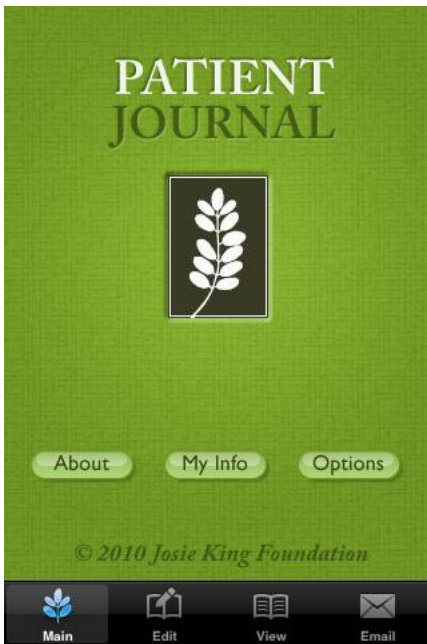


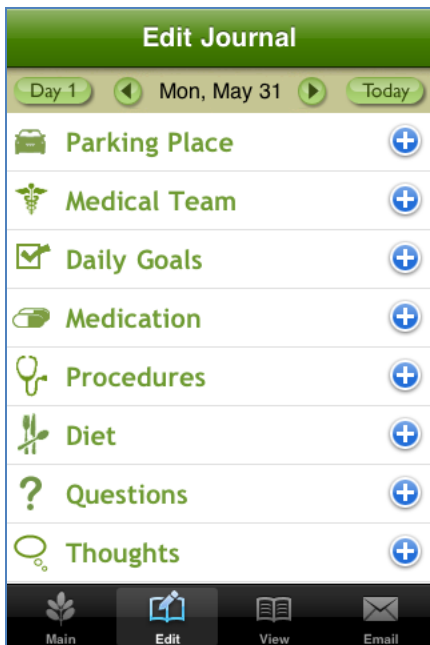
**The Josie King Foundation announces the Patient Journal-
a free iPhone app to help patients and their families
manage health care information**



Being a patient or having a loved one in the hospital can be stressful and confusing. You are in a new environment with lots of information being given to you. There is so much to think about and to process- the names of the doctors and nurses, new medications, scheduled procedures, questions to ask, and so much more. It can be a bit daunting.

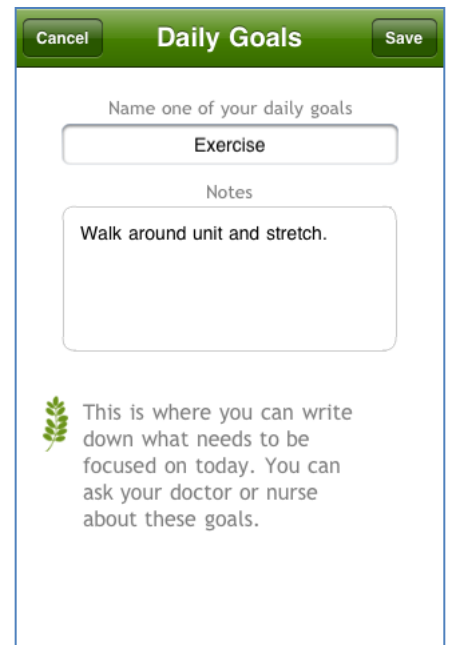
The Josie King Foundation has created a Patient Journal app. Patients and families can use this app to easily record vital medical information, stay organized, keep a permanent medical record, and share the notes with doctors or anybody else via email.

The Patient Journal app is now available for free download on the Apple iTunes App Store: <http://itunes.com/apps/PatientJournal>.

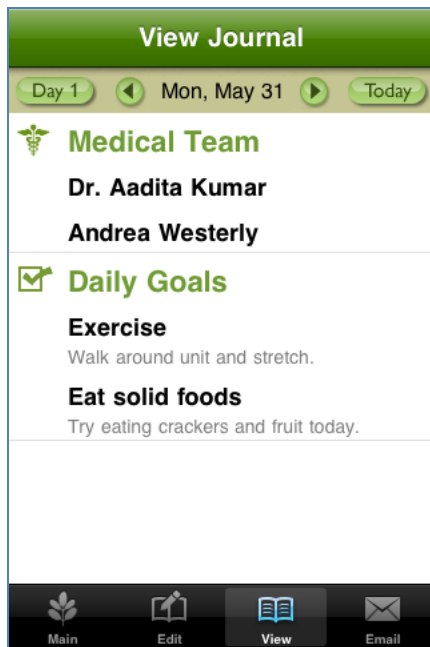


Using the Patient Journal app is easy. The app opens a list of prompts about information that should be tracked during a hospital stay.

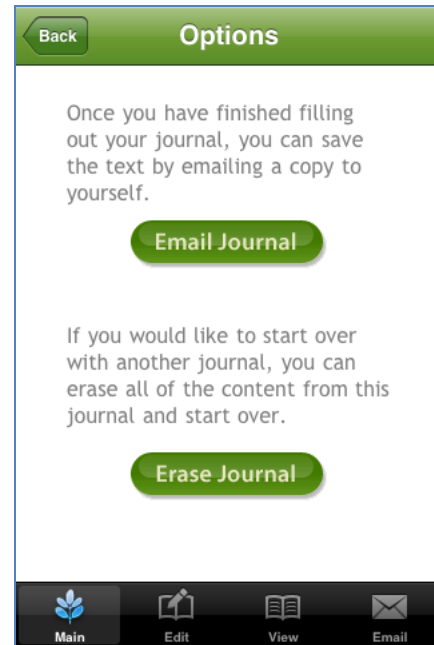
To enter notes, click on a category to learn more about it and type away.



At any time, you can review the information you have entered, and can even scroll through the daily entries to get an overall view of a patient's changing condition.



You can email the journal to a doctor, a loved one, or yourself to keep as a permanent record of the hospital stay.



The Patient Journal app can be reused for subsequent hospital stays.

Sorrel King, co-founder of the Josie King Foundation and author of *Josie's Story*, is excited that the foundation is able to provide this app to patients. "By providing a convenient way to keep track of the important and often confusing information related to a stay in the hospital, the Patient Journal app helps take a tiny bit of stress away from patients and their families. Instead of trying to remember new, complex medical terms or the questions that you really want to ask your doctor or nurse, you can make a permanent record of it in your iPhone, something that you are already taking to the hospital. No need to scramble for pen or paper. No need to search for your notes when talking to a health care provider. It is our hope that the Patient Journal app will help patients and their families feel a little more in control during a very stressful time, and feel more empowered to communicate with doctors and nurses as full members of the health care team."

About the Josie King Foundation

The Josie King Foundation's mission is to prevent people from dying or being harmed by medical errors. Our focus is improving communication in health care to help make it safer for all.

For more information on the Josie King Foundation, please visit www.josieking.org or contact Foundation Director Andrea Wesol at awesol@josieking.org or 410-504-1866.